



**Medical Affairs Advisory Committee
Meeting Minutes**

October 20, 2021

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Present: Cormac Maher (Chair), Marschall Runge (Dean & VP of Medical Affairs), Durga Singer (SACUA Liaison), Ruth Carlos, Marisa Conte, Lisa Kane Low, William Meurer, Shahzad Mian, Sara Pasquali, John Tranfalia, Terri Voepel-Lewis, Rachel Yu, Elizabeth Devlin

Absent: Jawad Al Khafaji, Analisa DiFeo, Chandan Kumar-Sinha, Michal Olszewski,

Guest Speakers: Karen Schmidt, Senior Director, MHealthy, Dr. Kelcey Stratton, Program Manager, Resilience and Well-Being Services, Office of Counseling and Workplace Resilience and Wendy Dolen, Senior Wellness Coordinator, MHealthy

Chair Maher called the meeting to order, welcomed the committee members, and asked committee members to introduce themselves to the guest speakers.

Presentation: Building A Culture of Health & Well-Being At Michigan Medicine:

Karen Schmidt, Senior Director, MHealthy

Dr. Kelcey Stratton, Program Manager, Resilience and Well-Being Services, Office of Counseling and Workplace Resilience

Wendy Dolen, Senior Wellness Coordinator, MHealthy

The guest speakers gave an overview of the work being done by MHealthy, the health and well-being services for Michigan faculty and staff on all three campuses and Michigan Medicine. The overview included: Programs and services, environmental supports, enhanced mental health and counseling/consultations services, updated leadership training and financial well-being. There has been a transition of some of these services being offered virtually to accommodate the new work environments that have evolved due to COVID.

A new 2021 health questionnaire has been sent out and data collection will continue through October 31, 2021.

Committee feedback:

Chair Cormac opened the floor to questions/feedback from the committee.

The committee requested demographic information for the respondents of the health questionnaire.

Chair Cormac asked to address the wellness burnout and overall satisfaction specifically with faculty data, and whether there are data that tie the information to the satisfaction surveys and burnout information that is available. The sources of burnout for medical faculty tend to be different than what has been addressed.

Program Manger Stratton responded that they have a strong partnership with the wellness office. The wellness office is looking into organizational wellness and well-being that collect data on faculty surveys that specifically look at drivers of burnout.

Senior Director Schmidt will have those deeper conversations with the wellness office, and they will be sharing the burnout data. They will be soliciting feedback on how to address those drivers. There are often individual levels and what can you do at an organizational level that will require



partnership with the wellness office.

The committee also suggested that one of the challenges at an individual level is having access to those programs university wide for both faculty and staff access. These programs might benefit from teambuilding exercises when faculty/staff are facing the same stressors and can feel isolated.

Senior Director Schmidt indicated that there are customized workshops available based on the team and individual units, and they can also provide tools and resources for team leaders. They will provide the information on how to connect to these resources.

Next Steps:

Lauren will follow up and send the demographic data of the 2019 health questionnaire survey respondents.

Senior Director Schmidt requested feedback from the committee members on how to integrate wellness in conversation and how to build it into the leadership questions.

- Chair Maher requested that the committee send him questions/feedback for the speakers, and he will forward on the information.

The meeting adjourned at 8:18 am.

Respectfully submitted

Elizabeth Devlin

Faculty Governance Coordinator, Faculty Senate Office